



WIKF DAN GRADING SYLLABUS 2008-2010

Requirements: All candidates must apply for examination to the licensing officer, 2 weeks prior to the date scheduled for grading. Please state grade being taken and enclose your member license with the application form. It is understood that those requirements may differ slightly from country to country, especially with regard to the member's license.

Juniors can grade for 1st and 2nd Dan only. Juniors grading for 1st Dan may choose only one Ohyo Gumite, Kihon Gumite, and Kata from the grading syllabus. Juniors grading for 2nd Dan may choose as well only one Ohyo Gumite, Kihon Gumite, Kata, and Tanto Dori.

A **grading application fee of £20** will be collected from all candidates prior to the examination.

Time in grade requirements are:

SHODAN: Regular practice as 1st Kyu minimum 9 months

NIDAN: Regular practice as Shodan minimum 18 months

SANDAN: Regular practice as Nidan minimum 3 years

YONDAN: Regular practice as Sandan minimum 4 years

Candidates are required to wear a clean white gi, and to bring sparring mitts, plus a pen for the written test.

Registration of Dan Grade:(Fee payable by successful candidates only):

SHODAN £110

NIDAN £120

SANDAN £130

YONDAN £150

GODAN £175

JUNIORS' SHODAN £50, JUNIORS' NIDAN £60

KIHON TSUKI, KERI (all grades):

1. Kette Junzuki
2. Kette Gyakuzuki
3. Kette Junzuki no Tsukomi
4. Kette Gyakuzuki no Tsukomi
5. Nagashizuki
6. Jodan Mawashigeri
7. Chudan Ushirogeri
8. Surikomi Jodan Sokuto

RENRAKU WAZA (all grades):

1st - HIDARI HANMI GAMMAE:

EVADE MIGI/HIDARI, USHIRO ASHI STEP FORWARD, MIGI URAKEN - MIGI SURIKOMI SOKUTO CHUDAN - STEP BACK JODAN NAGASHI UKE (both hands) - MIGI CHUDAN HIZA TEN KAO GERI - HIDARI MAKIKOMI JODAN HIJI UCHI.

2nd - HIDARI HANMI GAMMAE:

HIDARI CHUDAN and JODAN RENZUKI - MIGI GYAKUZUKI CHUDAN - HIDARI SURI KOMI MAEGERI CHUDAN - HIDARI NAGASHI ZUKI JODAN - MIGI SPINING ASHI BARAI - MIGI MAWASHIGERI JODAN (at once) - HIDARI MAEGERI GEDAN/MAWASHIGERI JODAN (RENGERI: same foot) - MIGI GYAKAZUKI CHUDAN.

3rd - HIDARI HANMI GAMMAE:

HIDARI SHOOTEI JODAN NAGASHI UKE / HIDARI JODAN URAKEN (at once) - SONOBADE MAWATTE URAKEN CHUDAN - GYAKU URAKEN JODAN RENZOKU WAZA - HIDARI SIDE-STEP BACKWARDS, MIGI HAND JODAN COVER (for jodan mawashi geri) - HIDARI MAWASHIGERI JODAN - HIDARI ASHI BARAI (at once) - MIGI GYAKAZUKI CHUDAN.

SANBON GUMITE (all grades):

Jodan Uke (1 + 4) Maegeri Uke (2 + 6)

OHYO & KIHON GUMITE, TANTO & TACHI DORI, IDORI :

	<i>Ohyo Gumite</i>	<i>Kihon Gumite</i>	<i>Tanto Dori</i>	<i>Tachi Dori</i>	<i>Idori</i>
SHODAN:	2 + 4	4 + 7	none	none	none
NIDAN:	3 + 6	3 + 8	3 + 7	none	none
SANDAN:	7 + 8	5 + 10	2 + 10	none	1
YONDAN:	Any two	Any two	4 + 9	1	2

KATA:

SHODAN: Naihanchi, Chinto
NIDAN: Jitte, Wanshu
SANDAN: Kushanku, Nisheishi
YONDAN: Bassai and one chosen on exam day

JIYU KUMITE AND WRITTEN TEST (all grades)