

21ST WIKF KARATE EUROPA CUP

NOVEMBER 2020

6TH, 7TH & 8TH

PAPHOS, CYPRUS



30 YEARS OF WIKF

•Kata •Kumite •Tanto Dori



CYPRUS WIKF EUROPA CUP

Dear WIKF Members,

I would like to thank the entire Cyprus WIKF Organising Committee for the hosting our 21st WIKF Karate Europa Cup in Paphos 2020. With special thanks to Marios Vatillotis, Marios Sakkis, Sotiris Zenonos and Photos Socratous. I hope you will all enjoy the beautiful and Historic town of Paphos.

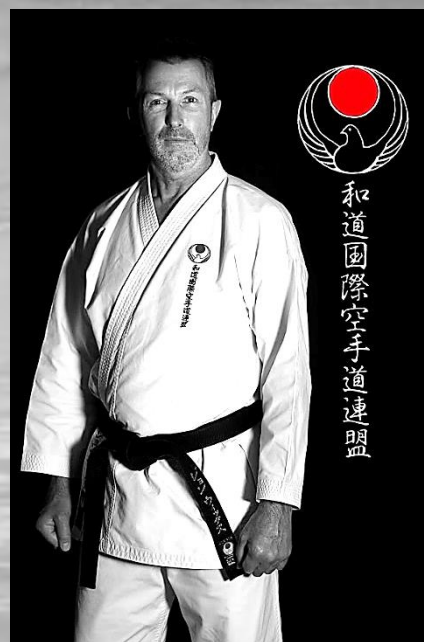
I've known from past experiences what financial commitment and hard work organising these Championships involves; our beloved Sensei Suzuki would be very pleased. Though don't forget our Referees, as without our hardworking and devoted officials these championships would not take place, please treat them with respect and good manners.

I would like to take this opportunity to thank all Referees, time-keepers, table officials and all other volunteers for their hard work at these Championships. I would also like to thank all participants and their families and wish you all every success at our 21st WIKF Europa Cup. Please remember that not everyone can win a medal, but its not about winning, it's the taking part with the true WIKF spirit that's important. We are all one special Wado Kokusai Family.

Good luck to you all!

Jon Wicks

World Chief Instructor





CYPRUS WIKF EUROPA CUP

Warm greetings to everyone and especially to WIKF karateka's and delegations who will be participating in the 21st WIKF Karate Europa Cup here in Cyprus. It is not the first time that we have been in Cyprus for a WIKF championship, I am sure it will be as much of a success again.

Our WIKF karate is a special organization and like our grand master Tatsuo Suzuki would say, "We are one family".

Participating in these championships is not only about winning a gold medal, but is about seeing our friends again, making new ones and enjoying each other's presence. It has helped us understand the strength of unity. The people that participate don't only compete as individuals but as family, this in turn helps us accept defeats gracefully.

I wish everyone big success; the organisations, delegations and karatekas participating in this championship.

These WIKF championships stand solely in the name of brotherhood and friendship.

Mathieu Beysen
Europe President WIKF
Member World Technical Board
Chief Instructor WIKF Belgium





CYPRUS WIKF EUROPA CUP

Dear WIKF Members,

We would like to invite you to participate in the 21st WIKF Europa Cup which will take place in Paphos, Cyprus from 6th November 2020 to 8th November 2020, inclusive.

The bulletin enclosed includes all the necessary information for the tournament and your visit to Cyprus! It is a detailed guide to travel and accommodation needs, venue elements and other activities aside the main program and related matters, like the recognized rules and regulations of WIKF competitions.

For further information or questions, please don't hesitate to contact the Cyprus WIKF with the details below. Thank you and we hope to welcome you to Paphos very soon.

Marios Vatiliotis

President of WIKF Cyprus

Cyprus WIKF

33, Socratous Str., 1040, Palouriotissa, Cyprus.

Mob: +357 99680309

E-mail: wadocyprus@gmail.com





CYPRUS WIKF EUROPA CUP

FACTS ABOUT CYPRUS

Nestled into the eastern Mediterranean Sea and at veritable crossroads of three continents, Cyprus is the third largest island in the Mediterranean.

Population:	854,802 (2017)
Language:	Greek is the official language. English is widely spoken.
Capital:	Nicosia
Climate:	Mild; Mediterranean with hot, dry summers and cool winters.
Time Zone:	GMT +02:00

CITY OF PAPHOS

Paphos is one of the largest cities in Cyprus with a vast population of 35,961 people. It is located on the Southwest Coast of the island and is known to be the birthplace of the ancient goddess Aphrodite who arose from the foam of the sea.

The area is very rich in history and religion with ancient monuments dating to Neolithic times, Roman eras, the Venetians and the Ottoman period. Due to the impressive remains of mosaics, theatres and temples from the Bronze Ages, and the existence of multiple Byzantine and Medieval Gothic churches and British cottages from the British colonial period, all of Paphos has been protected by the UNESCO World Heritage since 1981 to preserve the archaeological rich sites.

Paphos is also considered to have the most naturally varied landscaped with many contrasting and striking features, like a rocky coastline with multiple coves but also long sandy beaches. It also accommodates 18% of Cyprus' forestry due to its extreme vineyard coverage and the large wildlife preserve – "The Akamas" – and part of the huge "Troodos" mountain range.



CYPRUS WIKF EUROPA CUP

In addition, Paphos attracts thousands of tourists every year to its beautiful beaches, relaxing restaurants and cafes, nice environment and interesting local attractions. Most people also visit Cyprus for its moderate and humid climate for an endless feeling of summer with sunshine for 326 days a year on average.

Paphos accommodates a small airport and harbour with easily accessible road networks. It also offers a range of shops and facilities like a new, modern mall and shopping centre with plenty of services and entertainment. The town also has multiple restaurants and cafes of various cuisines; such as Greek, European, Italian and Indian.

As for dedicated tourist attractions, the more historical sites are the “Tombs of the Kings”, the “Kato Paphos Archaeological Park” and castle which are on the harbour, “Petra Tou Romiou” or the ‘Birthplace of Aphrodite’ and the “Paphos Mosaics”. Throughout Paphos there are many small monuments with statues, shrines or even tombs too. Other fun and exciting places to visit in Paphos are the waterpark, zoo and Coral Bay beach – which can all be accessed via public bus routes from the bus station near the harbour.





CYPRUS WIKF EUROPA CUP

PASSPORTS AND VISAS

Individuals from countries that are members of the European Union can travel to Cyprus using their Identity Cards or Passports. Other countries who require Visas must contact the Diplomatic Missions of the Republic to apply.

Visit the web page for the Ministry of Foreign Affairs/Immigration Office for information:

<http://www.mfa.gov.vy/>

CURRENCY

The currency used in the Republic of Cyprus is the Euro (€). It is divided into 100 cents; so, €1 is equal to 100 cents. The notes and coins currently in circulation are as follows:

Banknotes: €5, €10, €20, €50, €100, €200, €500.

Coins: €2, €1, 50 cent, 20 cent, 10 cent, 5 cent, 2 cent, 1 cent.

For updated exchange rates visit the website of the Central Bank of Cyprus:

<http://www.centralbank.gov.cy/>

BANKING

Commercial banks in Cyprus offer a wide range of banking services in Euros, as well as foreign currencies as they have correspondents in most major cities around the world. The banking hours for the public are Monday to Friday, 08:30 – 14:30. Though please note that banks are closed on weekends and public holidays, but ATM machines are in most areas.

Banks at Larnaca and Paphos International Airports provide 24hr exchange bureaus. Also, hotels, large shops and restaurants normally accept credit cards.



CYPRUS WIKF EUROPA CUP

CREDIT CARDS

Visitors in possession of any of the following international credit cards may contact the appropriate bank for the withdrawal of cash.

VISA CARD: Bank of Cyprus Ltd., Hellenic Bank, Alpha Bank Ltd & Astro Bank.

MASTERCARD: Bank of Cyprus Ltd., Hellenic Bank, and Alpha Bank

BUSINESS/SHOPPING HOURS

PUBLIC SERVICE HOURS:

Monday-Friday: 09:00-13:30/14:30–20:00

Saturday: 09:00 - 15:00

ELECTRICITY



The supply in Cyprus is 240 volts / 50Hz. Sockets are usually 13 amps, square pin in most buildings. More than one low current rating appliance may be operated from the same supply point, by using an adaptor.

The use of adaptors for operating high current rating appliances is not recommended.

Many hotels provide adaptors upon request from the Reception. Adaptors can be purchased from electricians, supermarkets, grocery shops, etc.



CYPRUS WIKF EUROPA CUP

EMERGENCY CONTACTS

Ambulance, Fire Service, Police: 199, 112

INSURANCE

All participants and members of delegations must have their own medical insurance and personal trip insurance. The Cyprus WIKF will not be held responsible for this.

ACCOMMODATION

ALIATHON HOTEL & RESORT

Visit the link below to access the booking form special prices available to WIKF:

<https://www.aliathonresort.com/karate-form/>

EVENT/GROUP CODE: WIKF EUROPA KARATE CUP 2020

TRANSPORTATION

Transportation is by taxi, minibus or coach, depending on the numbers of each arrival.

The only airports in Cyprus are LARNACA and PAPHOS. Transportation to the hotels will only be from these airports. Any delegations using other airports on the island will not be allowed to participate in the championship.

TRANSPORTATION COST TO/FROM OFFICIAL HOTEL (ALIATHON)

	PAPHOS AIRPORT	LARNACA AIRPORT
TAXI – (4 PEOPLE)	€40 EACH WAY	€140 EACH WAY
MINIBUS – (12 PEOPLE)	€15 PER PERSON (RETURN)	€25 PER PERSON (RETURN)
COACH – (50 PEOPLE)	€15 PER PERSON (RETURN)	€25 PER PERSON (RETURN)
OFFICIAL HOTEL TO VENUE – 3 DAYS	€15 PER PERSON (RETURN)	



CYPRUS WIKF EUROPA CUP

PAYMENT

The deadline for all payments (entry fees & transportation) is September 30th 2020.

Payment after this date will have 10% penalty.

BANK DETAILS

Name: SUZUKI WADO-RYU KARATE ASSOC. (CYP)
Account Name: 012001022561
IBAN No.: CY37 0020 0120 0000 0001 0225 6100
Bank: Bank Of Cyprus
Swift: BCYPCY2N

Contact : SOTIRIS ZENONOS +357 99564314

ALL ATHLETES MUST BE REGISTERED ONLINE ON SPORTDATA





CYPRUS WIKF EUROPA CUP

TIMETABLE

TIME	EVENT	LOCATION
WEDNESDAY 4 th November 2020 17:00-19:00	Seminar with WIKF World Chief Instructor Jon Wicks 8th Dan (LIMITED AVAILABILITY)	ALIATHON
THURSDAY 5 th November 2020 10:00-12:00 13:00- On 15:00-17:00 17:00-18:00 18:00-19:00 19:30-21:00	Seminar with WIKF World Chief Instructor Jon Wicks 8th Dan (LIMITED AVAILABILITY) Athlete Registration, Weigh-in and receipt of competitor passes. KATA/TANTO DORI WIKF referee meeting and explanation- Guidance from World Chief Instructor Jon Wicks. KUMITE WIKF Referees Meeting. Coaches meeting AGM WIKF European Congress Meeting.	ALIATHON
FRIDAY 6 th November 2020 09:00-13:00 13:00-15:00 15:00-17:00 17:00-18:00 18:00-19:00 19:00-20:00	Elimination Kata and Finals of Kata Elimination and Final of Tanto Dori & Kata 10-11 & 12-13 Kumite Elimination & Repechage U21 Kumite Elimination & Repechage 10-11, 12-13 & U21 Kumite Finals Medals Ceremony	SPORTS HALL
SATURDAY 7 th November 2020 09:00-16:00 16:00-16:30 16:30-18:00 18:00-20:00	Cadets, Juniors & Seniors Kumite Elimination & Repechage Opening Ceremony & Demonstration Cadets, Juniors & Seniors Kumite Finals Medal Ceremony	SPORTS HALL
SUNDAY 8 th November 2020 09:00-11:00 11:00-13:30 13:30-14:30 14:30-17:00 17:30-19:00 20:30-on	<u>Team</u> Kumite Elimination & Repechage Cadets, Juniors & Seniors <u>Open</u> Kumite Suzuki Cup Elimination & Final Team & Open Kumite Finals Medal Ceremony Sayonara Party	SPORTS HALL

Note: These times are for guidance only and are subject to change. Coaches will be advised accordingly and given full competition timings during the Coaches Meeting.



CYPRUS WIKF EUROPA CUP

COMPETITION FEES

INDIVIDUAL KUMITE	€55 per athlete
KATA	€55 per athlete
TEAM KUMITE	€80 per team
TANTO DORI	€75 per team

Bookings at the Aliathon Hotel & Resort will receive 10% discount on all the fees above & will have a dedicated room for training. Teams not staying in the recommended resort must pay €100 per hour for training rooms.

Registration after 30th September is on a limited basis and at the sole discretion of the Tournament Director and late entry fees will be added.

Any errors or changes made during registration will incur an additional €15 per change.

SPECIAL TRAINING WITH SENSEI JON WICKS

WEDNESDAY 4TH & THURSDAY 5TH NOVEMBER 2020

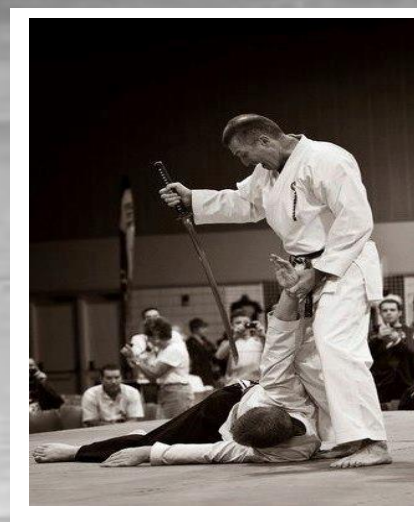
€ 40.00 per athlete (one session).

€ 60.00 per athlete (both sessions).

This will be a unique opportunity for all the Wado karate family to train together with Sensei Jon Wicks.

The participation of everyone will reflect the passion and dedication of the WIKF for our founder & sensei Tatsuo Suzuki.

NOTE: LIMITED SPACES, REGISTRATION REQUIRED.





CYPRUS WIKF EUROPA CUP

AGE & WEIGHT CATEGORIES

			CADETS	JUNIORS	SENIORS		VETERANS	SUPER VETERANS
Up to 9	10-11 years	12-13 Years	14-15	16-17 Years	U21	18-34 Years	+35 Years	+45 Years
Kata	Kata	Kata	Kata	Kata	--	Kata	Kata	Kata
Kumite Individual (Male)	Kumite Individual (Male)	Kumite Individual (Male)	Kumite Individual (Male)	Kumite Individual (Male)	Kumite Individual (Male)	Kumite Individual (Male)	Kumite Individual (Male)	Kumite Individual (Male)
-30kg +30kg	-35kg -40kg -45kg +45kg	-45kg -50kg -55kg -60kg +60kg	-52kg -57kg -63kg -70kg +70kg OPEN	-55kg -61kg -68kg -76kg +76kg OPEN	-75kg +75kg	-60kg -67kg -75kg -84kg +84kg OPEN	-75kg -84kg +84kg	-75kg -84kg +84kg
Kumite Individual (Female)	Kumite Individual (Female)	Kumite Individual (Female)	Kumite Individual (Female)	Kumite Individual (Female)	Kumite Individual (Female)	Kumite Individual (Female)	Kumite Individual (Female)	Kumite Individual (Female)
-30kg +30kg	-35kg -40kg -45kg +45kg	-40kg -45kg -50kg -55kg +55kg	-47kg -54kg +54kg OPEN	-48kg -53kg -59kg +59kg OPEN	-61kg +61kg	-50kg -55kg -61kg -68kg +68kg OPEN	-55kg -61kg +61kg	-55kg -61kg +61kg
--	Male Team Kumite (3+1)	Male Team Kumite (3+1)	Male Team Kumite (3+1)	Male Team Kumite (3+1)	--	Male Team Kumite (3+1)	--	--
--	Female Team Kumite (3+1)	Female Team Kumite (3+1)	Female Team Kumite (3+1)	Female Team Kumite (3+1)	--	Female Team Kumite (3+1)	--	--
TANTO DORI					TANTO DORI		TANTO DORI	

Please Note:

In Team Events athletes may participate in the category above their own age category e.g. a 14-15 competitor can participate in 16-17 age category.

IF ANY CATEGORY HAS LESS THAN 6 PARTICIPANTS, IT WILL BE MERGED WITH THE ONE ABOVE.

ALL SENIOR AND VETERAN MEDALISTS HAVE TO REGISTER AT THE EVENT IF THEY WANT TO PARTICIPATE IN THE SUZUKI CUP, FOR FREE, TO WIN A CASH PRIZE.



CYPRUS WIKF EUROPA CUP

KATA COMPETITION

ROUND 1			ROUND 2
AGE	FEMALE	MALE	
UP TO 9YRS	Pinan Shodan	Pinan Shodan	Only Pinan Katas
10-11YRS	Pinan Shodan	Pinan Shodan	
12-13YRS	Pinan Godan	Pinan Godan	Pinan Katas or Kushanku, Naihanchi, Chinto, Seishan
CADET 14-15YRS	Pinan Yodan	Pinan Yodan	Pinan or Superior Katas
JUNIOR 16-17YRS	Seishan	Chinto	Only Superior Katas
SENIOR +18YRS	Bassai	Jion	
VETERAN +35yrs	Rohai	Rohai	
SUPER VETERAN +45yrs			

All Katas must be performed as traditional WIKF Katas. Any deviation will be penalised.

TANTO DORI RULES SENIORS & VETERANS (18-34 & 35+)

1. Unlimited teams per country with 2 members per team (can be male with female).
2. First, one member of the team must attack with two techniques: one technique from number 1 to 5 and one technique from number 6 to 10.
3. After the second attack, the defender must obtain the knife and change to attack: they must also do two techniques: one technique from number 1 to 5 and one technique from number 6 to 10. Each technique must be different to those executed by the first team member.
4. After member two's second attack, member one must regain the knife to end the demonstration.
5. There are 2 teams: AKA and AO. Team AKA will start. Flag system will be used.
6. In the second round, teams must perform separate techniques from 1 to 5 and 6 to 10 again.
7. They can repeat previous techniques in the Finals.



CYPRUS WIKF EUROPA CUP

TANTO DORI RULES CADETS & JUNIORS (14-17)

1. Must use a wooden tanto.
2. Unlimited teams per country with 2 members per team (can be male with female).
3. In the first round, one member of the team must attack with one technique from number 1 to 5.
4. After the attack, the defender must obtain the knife and change to attack: they must also do one technique but from number 6 to 10.
5. After member two's attack, member one must regain the knife to end the demonstration.
6. In the second round, teams must perform separate techniques from 1 to 5 and 6 to 10 again.
7. Each technique must be different.
8. There are 2 teams: AKA and AO. Team AKA will start. Flag system will be used.
9. They can repeat previous techniques in the Finals.





CYPRUS WKF EUROPA CUP

COMPETITION RULES & REGULATIONS

**THE EVENT IS ONLY FOR WKF MEMBERS
OTHERWISE A PENALTY FOR THE COUNTRY
WILL OCCUR.**

1. In Individual Kumite, each country can enroll 5 competitors per category/weight. This tournament will be run according to the WKF rules of competition Kumite.
 - 1.1. The application of rules will be the referees responsibility by international qualifications of WKF or EKF.
 - 1.2. Each country or delegation can enroll their own referees and judges, providing they are properly certified by their respective national federations or by EKF-WKF.
 - 1.3. Each country/delegation must enroll at least 1 kumite referee for all 3 days, otherwise there will be a penalty of €500.
2. In Team Kumite, each country can enroll 4 teams in each category.
 - 2.1. In Cadets and Juniors, the teams should have 3 main competitors and 1 reserve. But, they can still participate with only 2 main competitors.
 - 2.2. In Senior (+18) Team categories there must be 3 competitors and 2 reserves.
3. Competitors can only participate in their own age category in individuals but can compete in the age above in team events.
4. In Individual Kata, each country can enroll 5 competitors per category. The official WKF numeric score card will be used.
 - 4.1. In the 1st round, the competitor must perform the obligatory kata defined in the list for the category. (See kata table).
 - 4.2. In 2nd round the competitor must perform a kata of choice, different from the kata performed in the 1st round. (See kata table).
 - 4.3. If there is a 3rd round, competitors **cannot** repeat the kata performed in the 1st or 2nd round, they must perform a new kata.
 - 4.4. In case of a tie, in any category, the kata to break the tie must be different than the kata performed in the previous round.
- 5.0 In Tanto Dori, cadets & juniors (14-17) will compete in the same one category.
 - 5.1 If 2 seniors (18-34) in Tanto Dori make a team, they must compete in the Senior event. If 2 veterans (35+) in Tanto Dori make a team, they must compete in the Veteran event.
 - 5.2 If a Tanto Dori team consist of 1 senior and 1 veteran, they must compete in the Senior event.
 - 5.3 If there are less than 6 Tanto Dori teams in Seniors or Veterans, the categories will merge. Cadets & Juniors will remain separate.
- 6.0 Each coach must be properly registered with WKF and follow procedures.
 - 6.1. It is only allowed for 1 coach to be next to the tatami by category, fully dressed in sports garment of its country;
 - 6.2. Each coach must wear, at all times, the official identification accreditation, in order to remain next to the Tatami.
 - 6.3. Only 5 coaches per country are allowed in Kumite and Kata.
 - 6.4. Only 2 coaches per country or delegation are allowed in the general coach reunion.



CYPRUS WIKF EUROPA CUP

7. All the competitors must be present, during the delegation registration, the identity card and WIKF passport which must have been **signed after the WIKF World Championships 2019 until before the WIKF Europa Cup 2020 either by Sensei Jon Wicks or a member of the World Technical Committee to prove participation in at least 1 seminar.** Non presentation of these documents will mean no participation in the event.
8. All the competitors of individual Kumite are obliged to present themselves to the weight control in the category that they are registered in. The control of weight will be very strict.
9. **All competitors must have the proper WIKF badge on their karate gi.**
10. To change category at weigh in, a penalty of €15 must be paid.
11. Changing from one weight category to another is only possible, with no fee when a properly justified report is prepared by the head representative of the country or delegation and is handed to the organisation committee, before the 30th September 2020.
12. The organising committee of the event has the responsibility of resolving any problems that may occur during the event in consultation with Sensei Jon Wicks.

PROTECTION

The obligatory protection for each event will be as defined in the official competition rules.

Gloves, leg and foot protection must be of red or blue color. Mouth guards, chest guards must be used by all contestants. Female participants must also wear the chest protection.

Optional protection is the male groin guards.





CYPRUS WIKF EUROPA CUP

TERMS OF RESPONSIBILITY

To be handed in at registration.

I, _____, as Chief of the Delegation of my Country, enrolled to participate in the Europa Cup which will be held in Cyprus, in November 2020, I fully knowledge the Rules and Regulations of WIKF. I pledge myself to faithfully accomplish the regulations of this before mentioned entity and I take any administrative, civil and criminal responsibilities of whatever happens to our Athletes, Coaches and other Members of our Delegation participating in this championship, before, during and after the competition; such as physical injuries, personal expenses or monetary debts and casual material damages in the hotels.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, WIKF, Cyprus WIKF, its directors, as well as any person or company related to the event (sponsors, public and private entities).

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our Delegation (since it is considered necessary) for the sport activities and publications of karate related to the event, without any monetary compensation.

Date

Country

Signature



CYPRUS WIKF EUROPA CUP

OFFICIAL PROTEST FORM

Any protest will only be accepted with the completion of the official protest form below and submitted corresponding evidence.

OFFICIAL PROTEST FORM

PROTEST FEE €100

FEE MUST BE PREPAID

DATE

COMPETITION

WIKF PAPHOS 2020

COMPETITOR'S COUNTRIES

AKA

AO

PROTEST'S DESCRIPTION

to be continued on other side of this page.

NAME

SIGNATURE

VALID AS RECEIVED BY WIKF

FOR OFFICIAL USE ONLY:

TATAMI N° _____ MS/KANSA: _____

<u>PANEL</u>	<u>REFEREE</u>	<u>JUDGE 1</u>	<u>JUDGE 2</u>	<u>JUDGE 3</u>	<u>JUDGE 4</u>
<u>NAME</u>					
<u>COUNTRY</u>					