

Wado karate course Spain



Budo Club Paradiso 空手道
KARATE WADO-RYU
www.albergue-paradiso.com

FROM THURSDAY THE 16TH
UNTIL
SATURDAY THE 18TH OF AUGUST
with

SENSEI JON WICKS (8TH DAN) & SENSEI WIM MASSEE (7TH DAN)

SUMMER
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SUANCES-Cantabria
North SPAIN

sporthall of Hinojedo



Optional offer

Special Karate Tourist Adventure Pack



W.I.K.F. Wado karate Course north-Spain

AUGUST 2012

Special Karate Tourist Adventure Pack

The datum of the karate course will be from **Thursday the 16th of August until Saturday the 18th of August 2012**. The course is going to be led by sensei **Jon Wicks (8th Dan and WIKF World Chief Instructor) & Wim Massee (7th Dan and member of WIKF world technical committee)**.

However, we have prepared a special promotional Karate Tourist Adventure Pack from Tuesday the 14th of August for everybody interested to do some adventure tourism before the karate course starts.

In summary, as newness this year we offer two options:

- **Just Karate Training Pack**, which includes:
 - Karate course training
 - 3 days accommodation at the Youthstotel Paradiso and full meals (breakfast, lunch and dinner)
 - Wine tasting & Special Dinner

Thursday 16 th :	Friday 17 th :	Saturday 18 th :	Sunday 19 th :
- Arriving - Lunch at Paradiso:14:00h - Training: 17:00-20:00h - Dinner: 21:00h	- Breakfast: 9:00h - Training: 10:00-13:00h - Lunch: 14:00h - Training: 18:00-20:00h - Dinner: 21:00h	- Breakfast: 9:00 - Training: 10:00-13:00h - Lunch: 14:00h - Dan Grading (examination): 18:00-20:00h - Wine tasting & Special Dinner: 21:00h	- Breakfast: 9:00h - Check out before 10:30h

- **Karate Tourist Adventure Pack**, which includes:
 - Wednesday guided trekking at Picos de Europa Mountains and canoe activity, includes transport, lift by cableway at Fuente-Dé and canoe activity: a wonderful morning walk through the mountains of the National Park of Picos de Europa, visit to the village of Potes and a canoe adventure during the afternoon.
 - Thursday morning guided speleology adventure (includes transport)
 - Karate course training
 - 5 days accommodation at the Youthstotel Paradiso and full meals (breakfast, lunch and dinner)
 - Wine tasting & Special Dinner

Tuesday 14 th :	Wednesday 15 th :	Thursday 16 th :	Friday 17 th :	Saturday 18 th :	Sunday 19 th :
- Arriving - Dinner: 21:00h	- Breakfast: 8:00h - 10:30h Cable way Picos de Europa - Trekking Picnic - Visit to Potes - Canoe adventure - Dinner: 21:00h	- Breakfast: 8:00h - 9:30 Speleology adventure - Lunch at Paradiso:14:00h - Training: 17:00- 20:00h - Dinner: 21:00h	- Breakfast: 9:00h - Training: 10:00- 13:00h - Lunch: 14:00h - Training: 18:00- 20:00h - Dinner: 21:00h	- Breakfast: 9:00 - Training: 10:00- 13:00h - Lunch: 14:00h - Dan Grading (examination): 18:00- 20:00h - Special Dinner: 21:00h	- Breakfast: 9:00h - Check out before 10:30h

The karate course will be open for any belt. There will be **no limit** of people for the karate training but the accommodation at the youth hostel Paradiso is limited; so those who are interested to stay at Paradiso should register soon. If the youth hostel Paradiso is full or you want to stay somewhere else, you have the possibility to stay at a hotel or guesthouse nearby (we can help you to find out different options). Those people, who have accommodation outside Paradiso have as well, like always, the possibility to take lunch or dinner at the youth hostel.

The training will be as always at the sport hall nearby the youth hostel (**sport hall of Hinojedo**, 10 min. walk). Paradiso counts with a beautiful dojo with a Japanese touch and a fitness room where you can practice by yourself during the free time.



Prices:

- Just **Karate Training Pack: 225 €person**, which includes:
 - Karate course training
 - 3 days accommodation at the Youth hostel Paradiso and full meals (breakfast, lunch and dinner)
 - Wine tasting & Special Dinner
- **Karate Tourist Adventure Pack: 385 €person**, which includes:
 - Wednesday guided trekking at Picos de Europa Mountains and canoe activity, includes transport, lift by cableway at Fuente-Dé and canoe activity: a wonderful morning walk through the mountains of the National Park of Picos de Europa, visit to the village of Potes and a canoe adventure during the afternoon.
 - Thursday morning guided speleology adventure (includes transport)
 - Karate course training
 - 5 days accommodation at the Youth hostel Paradiso and full meals (breakfast, lunch and dinner)
 - Wine tasting & Special Dinner

Options staying outside Paradiso:

- Just **Karate Training & only Meals at Paradiso: 180 €person**, which includes:
 - Karate course training
 - Full meals at Paradiso (Thursday lunch and dinner; Friday and Saturday breakfast, lunch and dinner)
 - Wine tasting & Special Dinner
- **Karate Tourist Adventure & only Meals at Paradiso: 310 €person**, which includes:
 - Wednesday trekking at Picos de Europa Mountains and canoe activity, includes transport, lift by cableway at Fuente-Dé and canoe activity: a wonderful morning walk through the mountains of the National Park of Picos de Europa, visit to the village of Potes and a canoe adventure during the afternoon.
 - Thursday morning guided speleology adventure (includes transport)
 - Karate course training
 - Full meals at Paradiso (Tuesday dinner, Wednesday breakfast, picnic and dinner, Thursday breakfast, lunch and dinner; Friday and Saturday breakfast, lunch and dinner)
 - Wine tasting & Special Dinner
- **Only karate training: 120 €person**
- **Only wine tasting & special dinner: 25 €person**
- **Only Adventure Picos Europa: 70 €person**, which includes:
 - Transport
 - Lift by cableway at Fuente-Dé
 - Guided trekking at Picos de Europa Mountains
 - Canoe activity
 - Picnic
- **Only Adventure Speleology: 70 €person**, which includes:
 - Transport
 - Guided speleology adventure
 - Lunch at Paradiso

Due to the places of accommodation at the youth hostel are limited, those who are interested can make their reservation by email, phones or faxes on the below information. We hope to see you again in Spain and have a nice time together.

Contact details: Wim and Miguel Masee (WIKF SPAIN)

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