

Pan America



Wado International Karate-Do Federation

DOJO CONNECTION

Like Minded People With A Common Goal

March 2011

East Coast Wado, Nova Scotia

Kevin Jones, Sensei

Congratulations to everyone from the East Coast Wado Karate Team. They competed recently and did an amazing job. Here is a list of the competitors and the results:

KATA

- Camilo Riesgo**...1st place Novice 5-7
- Nicholas Oates**...2nd place Novice 8-9
- Naomi Puddicombe**...4th place Intermediate 8-9
- Lindsey Puddicombe**...1st place Novice/Intermediate 12-13
- Jake Pittman**...1st place Novice/Intermediate Mixed 14-15
- Danielle Charette**...2nd place Advanced female 10-11
- JF Charette**...1st place advanced mixed 35+
- Ashley Power**...2nd place advanced Female 18+

KUMITE

- Catherine Charette**...3rd place Novice/Intermediate 8-9
- Nathan Oates**...1st place Novice/Intermediate 10-11
- Jake Pittman**...2nd place Intermediate 14-15
- Curtis power**...1st place Advanced 12-13
- Ashley Power**...3rd place Advanced female 18+

NINJA TURTLES

- Nicholas Oates**...2nd place 8-9

TEAM KATA

- Shawn Murley**...2nd place 13-17

Newnan Karate Center, Newnan, Georgia

Tom Kosslow, Sensei



Brianna Trammell, Andrea Knoll, Trevor Wright, Evan Cerniga

Four students recently competed in the Georgia Karate Leagues first tournament of 2011 in Atlanta, Georgia.

Evan Cerniga in his first competition ages 6-8 won 4th in kata and 4th in kumite

Brianna Trammell in her first competition ages 12-14 won 3rd in kata and 4th in kumite

Trevor Wright 1st in Advanced kumite ages 15-17 even though Trevor is only a 13 year old brown belt

Andrea Knoll in her first competition since knee surgery a year ago won 2nd place in Advanced Senior women kumite.

Ichiban Karate Club, Greeley, Colorado
Mike Bevins, Sensei

FRIENDSHIP CUP GOLDEN CO. 2011



Ichiban Karate club started out the 2011 tournament season with the 2011 Friendship Cup hosted by Sensei Gary Tsutsui and his wife Sensei Candice Tsutsui in Golden Colorado. This annual tournament draws competitors from all over the U.S. and it's a great way to start out the year. The tournament was a great success and very enjoyable to all students and parents from our club. The results are as follows:

	<u>Kata</u>	<u>Kumite</u>
Evan Lousberg	Bronze	Silver
David Garcia	Silver	Gold
Leah Garcia	Gold	Gold
Coby Bevins		Silver -
1 st tournament		
Kaylee Miller	Silver	Gold
Maddie Miller	Silver	Silver
Annika Miller	Bronze	Silver
Zach Sanford	Gold	Silver-
1 st tournament		
Shyler Wilson		Bronze
Mike Bevins		Gold
Travis Dick	Awesome performance-1 st tournament	

Ichiban Karate Club came home with 17 metals all together with 6 gold, 8 silver and 3 bronze. I was very proud of their attitudes, manners and spirit and we all look forward to the next one.

Nechako Karate Club, prince George BC
Ken Corrigan, Sensei

The Nechako Karate Club held a grading on February 26th, and the following is the outcome.

Congratulations to all who braved the poor weather conditions and who did so well at the grading. Thank you to Dauyne Thompson 5th Dan; Warren Grafton 2nd Dan; and Keith Nakashima 1st Dan, for coming out and ensuring the grading went smoothly for all.

First Mon:

Christopher Magrath; Blair Eckert;
 Colton Henry-Rinsma; Winston Henry-Rinsma

Second Mon:

Erin Rushton; Jason Sapecnik; James Brown;
 Jordan Fulljames; Payton Holyk; Eve Dufresne;
 Konnor McIntosh; Marie Dufresne; Logan Nemitz;
 Riley Robinson; Ainslee Rushton; Paiden Noullett;
 Kohan O'Connor; Liam Pinko; Braxton Robinson

Third Mon:

Owen Johnson

Fourth Mon:

Eric Carter

Fifth Mon

Keegan Knutson; Jason Cater; Alex Framst;
 Javier Hartgerink

8th Kyu

Jasmine Compagnon

6th Kyu

Vicent Dufresne; Jocelyn Fennell; Lucas Rushton;
 Mateya Tomasino
 Lindia Susag; Katrina Framst; Doug Framst; Layne
 Getz; Charles Fennell

4th Kyu

Tanner Ulrich; Steve Ulrich





KYUDO IN JAPAN

Mike Bevins

After the two week training and traveling trip to Japan with Suzuki Sensei in 2000, I stayed several months longer to train and to tune up on my technique with Kobayashi Sensei and with Nichidai University Karate team. I was well treated and was able to stay at Kobayashi's sister's house downstairs in the "neighborhood dojo" equipped with a small efficiency room. I would train in the morning with the neighborhood class; afternoon would travel about an hour to train with the High School class and night I would take the train to Nichidai. One day at the High school summer class, our training was over and while walking away from the gymnasium, Kobayashi Sensei asked me if I wanted to watch some Kyudo (Japanese archery) while the class was going on and I excitedly said, "Sure!"

We walked thru the building down the outside hallway and came across the class in session. It was beautiful to watch the marksmanship, formalities and poise the students were going thru while shooting at their targets. The Kyudo Sensei in broken English, asked me if I wanted to try it and Kobayashi Sensei started to chuckle and said, "Oh yes you must."

So I've been watching for a little while so I said what the heck and was handed a bow and tried to remember everything I just witnessed and mimic it. I tried to respectfully go thru the formalities of squatting, standing, separating the feet and loading the arrow and pull back (it was not easy!) to release. I aimed, relaxed, squinted, released and boom I hit the target within 8 inches or so from the bulls' eye! All in attendance said, "AHHHHHHHHHH!"

Wow, I felt like a fish out of water because it was so much different than a compound bow but it was lots of fun. The Sensei asked me with excitement if I wanted to try it again and I quickly said with a smile, "No thank you."

We had to be on our way so everyone waved and said goodbye to us as we walked away. As we were walking Kobayashi Sensei told me that I did very well and should have given it another try. Right then I told him that I was embarrassed a little. He had a bewildered look on his face when I told him and asked why! "Well," I said, "because I was aiming for the target 6-8 foot to the right of the one I hit. So, I thought I would quit while I was ahead." We laughed about that for a long time after!

Mike Bevins has an idea for the news letter for people to send in funny stories about their training, competitions or anything else related to karate. I could post one a month for everyone to enjoy. SOOOO, Mike has started out the idea with one of his own. Read below.....