

Pan America



Wado International Karate-Do Federation

DOJO CONNECTION

Like Minded People With A Common Goal

May 2011

EAST COAST WADO, Nova Scotia

Kevin Jones, Sensei

Recent Kyu grading

JC Cormier - 1st Kyu
Helen Thexton - 2nd Kyu
Mike Morash - 2nd Kyu
Heather Tucker - 2nd Kyu
Darren Pittman - 3rd Kyu
Kevin Seyffert - 3rd Kyu
Stephen MacLean - 4th Kyu
Bradley Murphy - 6th Kyu
Emily Thexton - 6th Kyu
Jay Smith - 6th Kyu
Ryan Hong - 6th Kyu
Zachary Seyffert - 6th Kyu
Damon Jackson - 7th Kyu
Sarah Purcell - 7th Kyu
Luca Martin - 7th Kyu
Cami Riesgo - 7th Kyu
Katelyn MacIntyre - 8th Kyu
Gabriel Papion - 8th Kyu
Gregory Bowes - 8th Kyu
Liam Clark - 8th Kyu
Keagan Burridge - 8th Kyu
Hilary Curnew - 8th Kyu
Colleen MacNeil - 8th Kyu
Alex Gatenby - 8th Kyu

NEWNAN KARATE CENTER, Newnan, Georgia

Tom Kosslow, Sensei

Recent Kyu Grading

Garrett Liles – 9^h Kyu
Robbie Maslankowski – 9th Kyu
Daniel Maslankowski – 9th Kyu

Naomi Lopez – 9th Kyu

Alaina Sobers – 9th Kyu

Chad Moore – 9th Kyu



CHAMPS CUP

NKF Qualifier Carrollton, GA

Students from the Newnan Karate Center competed in the Champs Cup NKF Qualifier held in Carrollton, Georgia.

L-r Front:

Grant Augustine : Beginner 7yr old
3rd Kumite, 4th Kata

Evan Cerniga: beginner 7 year old
1st Kumite, 1st Kata

L-r Back:

Brianna Trammell: Female Novice 3rd Kumite;

Trevor Wright 3rd Advanced 12-13 Kumite;

Andrea Knoll Advanced Elete 2nd Kumite



Mountain Martial Arts, Sewanee, Tennessee

Michael Cimino-Hurt, Sensei

Instructor Michael Cimino-Hurt is proud to announce two promotions at the Mountain Martial Arts Dojo in Tennessee. Dale Hoagland has achieved the rank of 5th Kyu, and Namtso Norbu has achieved the rank of 8th Kyu. Sensei Hurt wishes to congratulate these students on their achievements and thank them for their hard work.



ICHIBAN KARATE CLUB, Greeley Colorado

Mike Bevins, Sensei

The 41st Anniversary Wa no Kizuna Invitational Karate Tournament was held in Edgewater Co. on April 9th with hundreds of competitors. Ichiban Karate Club from Eaton Co. competed with great success bringing home 7 medals all in (kumite) fighting. Results are as follows; Travis Dick-**Gold**, Leah Garcia-**Silver**, Jayde Contreras-**Bronze** *first tournament, Annica Miller-**Silver**, Maddie Miller-**Silver**, Evan Lousberg-**Bronze** and Coby Bevins-**Gold**. Honorable mentions.....Gabby Miller, Hannah Miller-awesome first tournament, Shyler Wilson and David Garcia both fought hard with stiff competition but lost tough last matches in each of their divisions.

Zachary Sanford (a yellow belt) had to move up to fight with brown and black belts in his age group. At first he was very apprehensive about even competing given the fact he was put in this division because

there was no one in his. I told him that "they put their pants on just like you do" so stick to basics like drills we do in class. When he was called to the staging area, he walked up to the group of guys and they turned and gave him strange looks. He lost his last match 7 to 8 and ended up 5th! I was so proud of the attitude, spirit and toughness that each student did show. They all represented WIKF/USA very well.



We put out a dojo newsletter as well. See link: http://www.herculeskaratedojo.com/images/news/hkd/2011_spring.pdf

HERCULES KARATE DOJO, Hercules,
CA

Atur Shabbas, Joegene Briel, Sensei

As one of the newest installments to the WIKF the Hercules Karate Dojo has come a long ways. Atur Shabbas and Joegene Briel have taken ownership of their dojo in August 2010 and conducted their second belt examination on March 23rd. They had approximately 25 students testing. The Hercules Karate Dojo is proud to say they've all trained hard and test well.

Japanese Proverbs

We all acknowledge that the Japanese are intelligent, hardworking people. Japanese culture is an example of a resilient society. Even in these changing times, the Japanese still follow ancient ideologies for a happy life. Maybe we can learn something from these inspirational Japanese proverbs.

Courage

Fall seven times; stand up eight.

Courage

Fear is only as deep as the mind allows.

Business

None of us is as smart as all of us.

Character

The reputation of thousand years may be determined by the conduct of one hour.

Action

Vision without action is a daydream.

Action without vision is a nightmare.

Attitude

We're fools whether we dance or not, so we might as well dance.

Character

When the character of a man is not clear to you, look at his friends.

A Loss May Turn Out to Be a Gain

Long ago, near the frontier lived an old man. One day he found his horse missing. It was said that the horse was seen running outside the border of the country. The neighbors came to comfort him for the unfortunate loss. But the old man was unexpectedly calm and said, "It doesn't matter; it may not be a bad event, on the contrary, I think it can be a good one."

One night the old man heard some noise of horses and got up to see. To his surprise, he saw another beautiful horse as well as his own. It was clear that his horse had brought a companion home. Hearing the news, the neighbors all came to say congratulation on his good luck. At the greetings, however, the old man was very calm and thoughtful. He added, "It is true that I got a new horse for nothing, but it is hard to say whether it is good or bad. It may be an unlucky thing."

What he said was testified right. The son of the old man was very fond of the horse brought home, and one day, when he was riding the horse, he fell down from the horseback and terribly hurt in his left leg. Since then he was never able to walk freely. "Nothing serious," the old man said, "perhaps it is going to be good."

A year later, many of the youth there were recruited to fight in a war and most of them died. The son of the old man was absolved from the obligation for his disability, so he escaped death.

The old story tells us that good and bad, disaster and happiness can be converting objects to each other sometimes.



The OSAKA FROG AND THE KYOTO FROG

Long, long ago a frog living in Kyoto set off for a long jumping to Osaka, while a frog living in Osaka set off for a long jumping to Kyoto.

The two frogs happened to meet each other on the top of a high mountain between two towns.

"Good afternoon. Mr. Osaka-frog, Where are you going?"

"I'm going to do the sights of Kyoto. Mr. Kyoto-frog, Where are you going?"

"I'm going to do the sights of Osaka."

"It's the same, isn't it?"

"Yes, it is the same, isn't it?"

The two began to laugh at each other.

"By the way, Mr. Osaka-frog, This is the top of a high mountain. I can see the town of Osaka, can't I?"

"Of course, you can. I can also see the town of Kyoto, can't I?"

"Let's see together."

Osaka-frog tried to look toward Kyoto while Kyoto-frog tried to look toward Osaka.

The two stood on tiptoes and raised their heads.

"I could see the town of Osaka."

"I could see the town of Kyoto."

The two said to each other at the same time. But they had their eyes on the back of the heads, they couldn't see forward.

The town Kyoto-frog saw was Kyoto while the town Osaka-frog saw was Osaka.

"It's worthless to go to Osaka. Osaka is the same as Kyoto."

"It's worthless to go to Kyoto. Kyoto is the same as Osaka."

The two frogs said good-bye to each other and returned to their towns.

Kyoto-frog jumped back to Kyoto while Osaka-frog jumped back to Osaka .